

# My Easy PC we are here to help you... - How to find what programs are accessing the internet

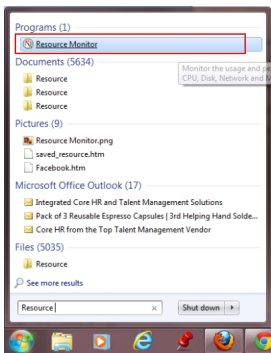
Written by Administrator

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In Windows Vista and above open the Resource Monitor

Click the start button

Type Resource Monitor in the search box



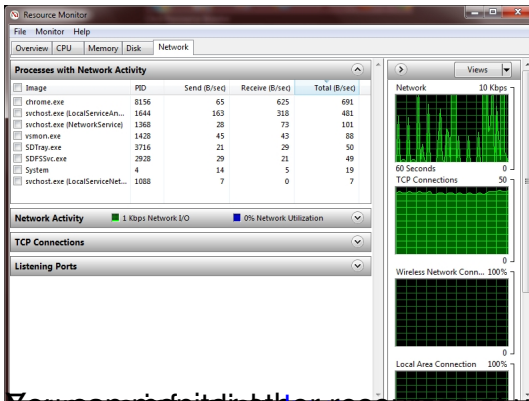
Click Resource Monitor

In the Resource Monitor > click the Network tab

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You can monitor all the [resources](#) of your computer with this application